

From: **Ahmed Hasan** ahmed.hasan@mail.utoronto.ca
Subject: Minutes 28/11/2018
Date: November 28, 2018 at 1:14 PM
To: Adrian Rotaru adrian.rotaru@mail.utoronto.ca

AH

[evernote link](#)

present: Maliha, Hamna, Adrian, Karan, Abdul, Ahmed, Ayah (via phone)

- events update - Ayah
 - linkedin workshop on 21st
 - 12 people
 - Kloe went door to door the day before as a reminder
 - coffee chat on 22nd
 - 6-7 people
 - harder to pull people into
 - need to promote in a way that attracts more people, and convinces them that this is useful for their careers
 - even pulling people from own lab didn't do much
 - Karan: where were attendants mostly from?
 - mostly biology/psych - not people from professional development programs (?)
 - Maliha: updates on wellness events?
 - Ruth/Lauren have been initiating grad wellness events - gone super well so far
 - HCC was actually hiring a grad student rep on their end of things to facilitate interaction b/w grad students and HCC -> turns out this is Ayah
 - meditation event
 - brought in someone from HCC who led a meditation workshop
 - ~25 people
 - Maliha: 20-30 people is an ideal turnout for this sort of event
 - gone door to door to advertise this
 - idea was that workshop would become more frequent, and happen weekly
 - has been taking place on Tuesdays since
 - at second event - ~15 people
 - second event was run separately by Ruth and Lauren
 - hoping to run the guided events once a month or so
 - Hamna: would be better to have this earlier in the semester, cause this is a really busy time of year
 - Maliha: can be a regular thing from the start of next semester onwards as well
 - Karan: turnout?
 - the career centre puts a lot of work into their workshops, and expects a bigger turnout
 - might be better to make workshops more informal instead of having an

- hour long presentation each time
- HCC update
 - HCC wants to know what other wellness related events grad students would be interested in
 - if we think of something, email Ayah
 - Karan: we could survey the people who show up to these events regularly
 - Ayah: will make a short survey for this purpose and distribute at a social event
 - Maliha: good idea - let's distribute this at the January social
 - Christmas party would be too hectic
 - Karan: also try it at the next wellness event, since those attendants are more likely to come to subsequent events anyways
- holiday event - Hamna
 - starts at 5:30, but need to start setting up by 4 (putting up decorations, etc)
 - will need a lot of people to both help decorate and clean up after the fact
 - Karan: will get chocolate + baggies and prepare
 - photo booth
 - less secluded this time - close to the entrance
 - ugly sweater competition
 - Hamna: ordered medium sized men's sweaters from amazon
 - each group will work on one
 - max 4 people per group
 - max 10 groups
 - winners get a cineplex gift cards
 - \$25 each
 - how many to buy? groups might be different sizes
 - Ayah: take their names down after the fact, and then buy accordingly
 - kits
 - Maliha: will buy materials - glitter glue, pom poms
 - participants are also free to go out and get their own materials, but they have to use the provided sweater
 - winner selection
 - 'fashion show' style - groups will display their sweaters
 - Ayah will be organizing this and being the MC
 - Hamna: sweaters will then be put on display for attendants
 - audience will vote, after which the winning group will get the prize
 - in event of a tie, audience clapping (?) will be the tiebreaker
 - Maliha: give out voting cards, like with the gingerbread house competition
 - raffle
 - grand prize is a nintendo switch (nice)
 - 5 tickets for \$5

- \$20 dollars - 'wingspan' amount of tickets
 - party entrance
 - either \$5 or two food drive donations
 - \$5 will go to UTMAGS budget
 - portion of raffles will be donated to Red Door
 - other prizes
 - bought by Hamna
 - will be reimbursed by Ruth
 - Abdul: will buy two Raptors tickets
 - trivia event
 - will be run in groups, maximum 4 people
 - groups will sign up on the spot
 - groups will be provided with clickers
 - 3 rounds + final round
 - schedule
 - first 20-30 minutes - mix and mingle
 - next hour - food
 - then trivia
 - raffle + fashion show at the end
 - event promotion
 - need everyone to sign up to go door to door and promote the event
- U of T Coders - Ahmed
 - coders group wants to spread the word at UTM
 - Maliha: email RGASC and UTMAGS
- SGS 10k PhDs - Maliha
 - new SGS initiative to track PhDs post graduation and what they've been doing in terms of jobs etc
 - results have been published, so we're going to advertise it and let grad students at UTM know
- grant - Maliha
 - need to apply to \$1000 SGS innovation and graduate professional development grant towards networking event
 - due this Friday (!) but we can ask for an extension
 - requirements: compete and submit 2 page application form
 - also letter of support from the grad/dept chair, alongside any financial contribution
 - SGS will match department's contribution

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